



**LOS ALAMOS INVITE**  
at Sullivan Field  
Friday April 29, 2016

**Order of Events:**

2:00 Coaches meeting/scratch meeting is in Griffith Gym.

**3:00 Field events:**

Triple Jump:	Girls (Mesa runway) Boys (Sullivan)
Pole Vault:	Girls followed by boys
High Jump:	Boys followed by girls
Javelin:	Boys followed by girls
Shot Put:	Girls followed by boys

4:15 Long Jump:	Girls (Sullivan runway) Boys (Mesa Runway)
Discus:	Girls followed by boys

3:30 Running events:  
*(girls followed by boys)*  
3200m  
400m relay  
100/110m hurdles  
100m  
1600m  
800m relay  
400m  
300m hurdles  
800m  
1600m medley relay  
200m  
1600m relay